



CADV is an Equal Opportunity Provider

# CADV UPDATE

NOVEMBER 2007



## Good Food and Bingo

The Chili Feed was great success! Thanks to JR's Bar and Grill, Scoreboard Sports Bar & Restaurant, Wendy's, The Star Hotel, Taco Time, the Hunton Brothers, and the Nevada Dinner House for providing excellent Chili and all the sides. Thank you Elko Police Department for taking time to serve all the super food. We wouldn't of had Bingo Prizes if it wasn't for Jeni-Lei Powell's determination. She made contact with all the Elko merchants and gathered contributions. Brenda Wilkie called out the Bingo numbers and truly entertained the crowd, and Jim and Rose Conner planned and organized the whole event, thank you Jim and Rose for years of support.

I hope everyone who attended had a great time and plans on coming back next year for some more rounds of Bingo!

Thanks to the community's support, CADV's fundraiser earned \$1,289 which will be used to assist victims of domestic violence and sexual assault.



**Imagine** you're at home, sitting at the dinning room table, it's full of succulent food and drinks. Your friends and family members have stopped by. They are laughing and toasting to a good year. Conversation is flowing through the house and kids are playing. You're off work for four days and it's Thanksgiving.

Now try to imagine what a home is like on Thanksgiving day where there's abuse? Thanksgiving in a home where violence happens is another day of fear. The pressure to cook an adequate meal, coming up with the money to buy the food, and families squeezed into close quarters weighs in heavy. In fact, studies have shown the stress associated with Thanksgiving increases domestic disputes and domestic

violence.

In 2006, online legal help saw a 30% increase of domestic violence cases the week before Thanksgiving to the week after. Last year, the ages ranged from 16-84, with the largest group falling into the age range of 28-35 years, and most all cases were women being abused. ([www.LegalMatch.com](http://www.LegalMatch.com))

If a victim from a violent home has found the courage and strength to escape, Thanksgiving can still become a time of sadness. Holidays can increase depression when everyone else is having fun. Ending a marriage, even an abusive one, can be difficult. All hopes and dreams of having a family, a house, and a lifetime companion end abruptly with physical violence and emotional abuse. The children spend the long

weekend with one parent, leaving the other parent all alone.

At Harbor House, we want to take the burden off the victim and children by offering Thanksgiving food baskets containing all the trimmings, but we need your help. Our wish list includes additional food items that are low or non-existent in the Harbor House pantry. Thank you for your continuing support, you make it possible for CADV to operate.

*Special thanks to Curves for Women, and their members, who have been collecting food during the month of October to help fill the pantry.*

## Wish List

- |                  |                          |                        |
|------------------|--------------------------|------------------------|
| Canned Yams      | Condensed Milk           | Marshmallows           |
| Whipped Cream    | Canned or Packaged Gravy | Canned Cranberry Sauce |
| Instant Potatoes | Turkey or a Ham          | Jelly                  |
|                  | Pies                     | Cereal for Children    |
|                  | Olives                   | Boxed food             |



**\*\* CADV has plenty of canned veggies! \*\***